

Open Water Championships 2013 - County Champions

Men's 3K

Open Champion	Tim Shuttleworth	Hatfield SC
Junior Champion	Tim Shuttleworth	Hatfield SC

Women's 3K

Open Champion	Abby Smith	Harpenden
Junior Champion	Chloe Richards	Hoddesdon

Men's 800m

Open Champion	Alex Evens	Hitchin
Junior Champion	Alex Evens	Hitchin

Women's 800m

Open Champion	Emily South	Cheshunt
Junior Champion	Emily South	Cheshunt

Men's 1500m

Open Champion	Nathan Hughes	Hatfield
Junior Champion	Nathan Hughes	Hatfield

Women's 1500m

Open Champion	Amber Hughes	Hatfield
Junior Champion	Amber Hughes	Hatfield

Men's 5K

Open Champion	James Dougal	Hitchin
Junior Champion	Callum Chivers	Hitchin

Women's 5K

Open Champion	No competitors
Junior Champion	No competitors